

**Pine Tree Hospice Volunteer Education Curriculum:**  
**Topics and Outcomes: Direct Care Hospice**

Presenters:

- Please address all of your topic outcomes within the allotted time
- You are at liberty to address the topics as you wish and you are free to add content
- *Thank you!*

<b>DIRECT CARE HOSPICE TOPICS</b> <i>Prerequisite: Core Curriculum</i>	<b>HOURS</b>
<p><b>Funeral Arrangements</b></p> <ol style="list-style-type: none"> <li>1. Become comfortable discussing a list of tasks, such as funeral arrangements, with a hospice person and/or family</li> <li>2. Identify funeral services available in the community</li> </ol>	<b>1.5</b>
<p><b>Multidisciplinary Management and Hospice Resources</b></p> <ol style="list-style-type: none"> <li>1. Become familiar with additional community resources for hospice clients and families</li> <li>2. Report client/family needs and suggested referrals to the PTH Coordinator in a timely manner</li> <li>3. Explain the various roles of PTH volunteers and other hospice team members (medical hospice as well as other community providers)</li> <li>4. Develop a level of comfort participating in a team meeting</li> <li>5. Using resources such as the Funeral Consumers Alliance of Maine (<a href="http://www.FCAMaine.net">www.FCAMaine.net</a>), be prepared to discuss alternative funeral arrangements when requested by client/family</li> </ol>	<b>1</b>
<p><b>Pain and Symptom Management</b></p> <ol style="list-style-type: none"> <li>1. Briefly describe health problems commonly experienced at end-of-life (ie COPD, degenerative neurological diseases, CHF, sudden cardiovascular and cerebrovascular events, pneumonia, systemic infection, kidney failure, liver failure, metastatic cancer)</li> <li>2. Define palliative care</li> <li>3. Be prepared to use, and to teach the family to use, a pain rating scale to assess and document level of pain</li> <li>4. Discuss health problems associated with various chronic illnesses</li> <li>5. Identify medical interventions in the management of pain and other symptoms that may occur during the dying process</li> <li>6. Identify ways a volunteer can assist a person receiving palliative care</li> </ol>	<b>1.5</b>

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<b>DIRECT CARE HOSPICE TOPICS</b> <i>Prerequisite: Core Curriculum</i>	<b>HOURS</b>
<p><b>Psychological Perspectives On Death And Dying</b></p> <ol style="list-style-type: none"> <li>1. Describe Kubler-Ross’ stages of dying.</li> <li>2. Describe the phases of dying according to Pattison and/or Doka.</li> <li>3. Identify the physical, psychological, social, and spiritual tasks of coping with dying as described by Corr.</li> </ol>	1.0
<p><b>Support During Stages Of Dying</b></p> <ol style="list-style-type: none"> <li>1. Be prepared to discuss ways a volunteer can assist a hospice person/family to cope with the various needs and losses during the dying process including:               <ol style="list-style-type: none"> <li>a. physical changes (eating, digestion, breathing, weakness, skin changes, bleeding, pain, seizures)</li> <li>b. mental, spiritual, emotional and social aspects (unresolved conflicts, withdrawal, visions, restlessness, confusion, giving permission)</li> <li>c. signs of approaching death (final 1-3 months, 1-3 weeks, days or hours, minutes)</li> <li>d. final days or hours before death (general agitation, temperature, digestion, breathing, decreased awareness, eyes, pain, saying goodbye)</li> </ol> </li> <li>2. Practice doing a “Life Review” or “Guided Reminiscence” using objects in the client’s environment or history to begin the discussion</li> </ol>	2.0
<p><b>Volunteer Roles</b></p> <ol style="list-style-type: none"> <li>1. State the responsibilities expected of a hospice volunteer</li> <li>2. Know where to find a copy of the Pine Tree Hospice Policy Manual</li> <li>3. Know what a volunteer should do in the home when death is imminent or has occurred</li> <li>4. Read and sign the forms to be files in the Pine Tree Hospice office.</li> </ol>	2.0

**TOTAL HOURS: 9**