

## Pine Tree Hospice Volunteer Education Curriculum: Topics and Outcomes

Presenters:

- Please address the outcomes within the allotted time
- You are at liberty to address the topics as you wish and you are free to add content
- *Thank you!*

<b>HOSPICE 101: INTRODUCTION TO HOSPICE FOR INDIRECT CARE VOLUNTEERS</b>	Hours
<b>Hospice Philosophy</b> 1. State the philosophy and purpose of a volunteer hospice program 2. List services offered by Pine Tree Hospice 3. Briefly describe the difference between a volunteer and a medicare hospice	.5
<b>Personnel Issues</b> 1. Describe the Pine Tree Hospice organizational structure 2. Comply with Pine Tree Hospice bylaws, policies, and procedures 3. Submit volunteer hours monthly via the PTH website, postal mail, or in person	.5
<b>Ethics</b> 1. Respect value systems of the hospice person and family 2. Identify and keep personal boundaries 3. Maintain confidentiality of hospice person/family information at all times	.5
<b>Multidisciplinary Management And Hospice Resources</b> 1. Identify community resources for hospice and bereaved people and families 2. Explain the various roles of PTH volunteers and other hospice team members (medical hospice as well as other community providers)	.5
<b>Personal Death Awareness</b> 1. Examine personal views and beliefs about death	.5
<b>Support During Stages Of Dying</b> 1. Briefly describe the stages of dying 2. Identify ways a volunteer can assist a hospice person/family to cope with the various stages of dying	.25
<b>Funeral Arrangements</b> 1. Become comfortable discussing a list of tasks, such as funeral arrangements, with a hospice person and/or family 2. Identify funeral services available in the community 3. Using resources such as the Funeral Consumers Alliance of Maine ( <a href="http://www.FCAMaine.net">www.FCAMaine.net</a> ), be aware of alternative funeral arrangements	.25
<b>Communication Skills</b> 1. State the difference between a social relationship and a helping relationship	.5
<b>Stress Management: Conventional And Complementary Therapies</b> 1. Discuss balanced nutrition, physical activity, restful sleep, joyful diversion and service to others as conventional ways of managing stress 2. Support people who use complementary therapies to relax, to minimize pain, and/or to promote physical, mental and spiritual wellbeing	.5
<b>Total for Hospice 101</b>	<b>4</b>