

"LIFE REVIEW"
Guided Reminiscence

- 1) What you did for work when you were well. What did you like most about your work?
- 2) When you were not working, what did you enjoy doing with your spare time?
- 3) Tell me about a past accomplishment of which you are particularly proud.
- 4) What would you describe as the happiest day of your life and why?
- 5) Tell me about a happy memory of your childhood.
- 6) Tell me about a particular holiday that holds special meaning for you. How did you celebrate it?
- 7) Can you tell me about a 'first' (first TV, first date, first plane ride, first birth)?
- 8) Tell me about a time when you helped someone out in a time of need.
- 9) Tell me about a home or a place you once lived...the place you liked best and why.
- 10) Please tell me about someone whom you once thought of as a best friend and some of the good times you shared.