

# Pine Tree Hospice

**DIRECT SERVICE VOLUNTEERS** are required to complete a minimum of **8 hours** of continuing education each year (after the first year, based on date of initial training).

**BEREAVEMENT FACILITATORS** are required to complete a minimum of **8 hours** of continuing education each year (after the first year, based on date of initial training).

**INDIRECT SERVICE VOLUNTEERS** are required to complete a minimum of **4 hours** of continuing education each year (after the first year of service, based on date of initial training).

Continuing education may come in various forms, including:

- ◆ Attendance at any PTH educational program, such as:
  - ◆ The monthly video/discussion on "Death: A Personal Understanding"
  - ◆ "Dementia Care" with Kathryn Pears on June 28, 2016
- ◆ Attendance at any volunteer training class session;
- ◆ Attendance at any Maine Hospice Council sponsored event;
- ◆ Attendance at any hospice workshop/educational program, including online webinars;
- ◆ Viewing a video/movie will count for the actual length of the video/movie. (Please provide a *brief* synopsis of the material and comments about how you think the material will help you in your hospice service.) A few good choices include, but are not limited to:
  - ◆ Being Mortal (PBS/Frontline video, 2015)
  - ◆ Living With Dying (Lisa D. Olken, 2010)
  - ◆ Still Alice (Sony Pictures, 2015)
  - ◆ Wit (HBO Films, 2001)
  - ◆ "Natural After-Death Care" A 25-minute YouTube video by Julie Lanoie, which can be reached through the Last Things website: <http://www.lastthings.net/>
  - ◆ The transforming Power of Caregiving (Paraclete Press, 2015)
  - ◆ The Art of Caregiving (Teepa Snow, 2011)
  - ◆ Filling the Day With Meaning (Teepa Snow, 2011)

- ◆ Reading a book will count for up to a maximum of two (2) hours. There are a few exceptions in regard to textbook-type materials. (Please provide a *brief* synopsis of the material and comments about how you think the material will help you in your hospice service) A few good choices include, but are not limited to:
  - ◆ Final Gifts (Callahan & Kelley, 1992)
  - ◆ Tuesdays With Morrie (M. Alбом, 1997)
  - ◆ The Fault in Our Stars (John Green, 2012)
  - ◆ When I'm Gone: A Novel (Emily Bleeker, 2016)
  - ◆ How to be a Friend to a Friend Who's Sick (L. Pogrebin, 2013)
  - ◆ Writing for Keeps: Creating a Life Review Book (R. Watts, 2013) (Counts for ½ hour)
  - ◆ Finding the Words: How to Talk to Children... (A. Wolfelt, 2013)
  - ◆ When You Know You're Dying (J. Miller, 1997) (Counts for 1 hour)
  - ◆ One You Love is Dying (J. Miller, 1997) (Counts for 1 hour)
  - ◆ Death & Dying, Life & Living (Part Two: Death) (Corr & Corr, 2013) (Counts for 1 ½ hrs.)
  - ◆ Death & Dying, Life & Living (Part Three: Dying) (Corr & Corr, 2013) (Counts for 1 ½ hrs.)
  - ◆ Death & Dying, Life & Living (Part Four: Bereavement) (Corr & Corr, 2013) (Counts for 1 ½ hrs.)
  - ◆ Living With Grief: Before and After the Death (Section I: The Dying Process) (K. Doka, ed., 2007) (Counts for 1 hr.)
  - ◆ Living With Grief: Before and After the Death (Section II: Grief) (K. Doka, ed., 2007) (Counts for 1 hr.)
  - ◆ Living With Grief: Before and After the Death (Section IV: The Importance of Self-Care) (K. Doka, ed., 2007) (Counts for 1 hr.)
  - ◆ Living With Grief: Loss in Later Life (Part I: Death as a Fact of Later Life) (K. Doka, ed., 2002) (Counts for 1 hr.)
  - ◆ Living With Grief: Loss in Later Life (Part II: Growing Old and Dying) (K. Doka, ed., 2002) (Counts for 1 ½ hrs.)
  - ◆ Living With Grief: Loss in Later Life (Part III: Loss & Grief in Later Life) (K. Doka, ed., 2002) (Counts for 2 hrs.)
- ◆ Successfully completing the PTH Annual Education Packet and Quiz will count for two (2) hours. . (This is a self-study and the quiz is "open book".)