

It's All About You
For ALL Caregivers,
Past & Present, Male & Female,
Personal & Professional



Massage Therapy

B.E.S.T

Reiki

Aromatherapy

Herbs & Aromatherapy

Guided Relaxation

Manicures

Person Centered Planning

Chair Yoga

Essential Oils

Lunch by Elaine's Bakery

CAREGIVERS,

this day is for YOU!!

**This free event is part of
Pine Tree Hospice's Caring for the
Caregiver Program**



Guilford United Methodist Church

March 3, 2018

9:00 am to 2:00 pm

Pre-register by calling 564-4346 or email us at wecare@pinetreehospice.org