







At Evergreen we realize that:

-  Grief is unique for every individual.
-  The intensity and duration of grief is different for each person.
-  Within each of us is the capacity to heal.
-  Support helps in the grief process.

Both children and adult groups are able to use the "I Pass" guideline, which means you get to decide when and how much you wish to share with the group.

Call us for more information or to schedule an orientation appointment for your family to visit the program and decide if Evergreen is a good match for your needs.

Evergreen services are always free.

Pine Tree Hospice

*We can't add days to your life...
But we can add life to your days.*

883 West Main Street

Dover-Foxcroft, Maine 04426

Phone: 207-564-4346

Email us at:

wecare@pinetreehospice.org

Visit our website at:

www.pinetreehospice.org

Connect with us on Facebook:

www.facebook.com/PineTreeHospice

www.facebook.com/EvergreenPTH

Evergreen

The Pine Tree Hospice Center
For Grieving Children & Adults
-growing through grief-

Evergreen,

The Pine Tree Hospice Center for Grieving Children and Adults

*...offering a safe space where
children, teens, adults and
families grieving a death
can share their experiences.*



Telephone: 207.564.4346



Bereavement Support

Expressing feelings in a safe place is part of the healing process after a death. At Evergreen, people of all ages, from children to adults, benefit from a supportive environment where they can be with others who have suffered similar losses.

The small peer groups provide an opportunity for people to share their feelings, talk about their experiences, remember the person who died, and give and receive support from others.

Support groups are led by trained volunteer facilitators. Trainings and programs are modeled after the nationally acclaimed Center for Grieving Children based in Portland, Maine.

New members to these groups are welcome at any time throughout the year.

All our bereavement services are provided free of charge.

Evergreen Nights of Service



Using art, play, or an activity, children and teens are encouraged to discover what works best for them in their healing process.

Our children's groups meet twice a month and are open to ages 3 through 18.

Parents and guardians are welcome to join a support group which is held at the same time as the children's groups. Families must attend an orientation prior to attending these groups.

Adult Workshop Series

A series of once a month workshops are offered for adults that have experienced a loss.

These are delivered in blocks of three workshops per season. Each season's theme relates to unique difficulties



that one faces after a loss.

Adults wishing to attend our adult series are asked to pre-register by calling the office at 564-4346.

Crisis Response

Staff and trained volunteers can assist with events that impact the community.

Support

Center staff are available to answer your questions and concerns about supporting children and adults through grief and loss. We can assist with information, resources and referrals.

Community Education

We can provide speakers for meetings and other events.

Volunteer at Evergreen

Our volunteers are our most valuable resource. If you are interested in helping those that are grieving as they journey through the process of healing, or would like to volunteer in a non-direct capacity, such as office or fundraiser assistance, please visit our website at www.pinetreehospice.org or call our office for more information.



For More Information

Request an Evergreen information packet by calling our office at 564-4346 or emailing wecare@pinetreehospice.org.