

# Volunteer Bulletin

June 2017

## Pine Tree Hospice

### JD Foundation Run/Walk to Break the Silence

On Saturday, May 20th, the JD Foundation held its second annual Run/Walk to Break the Silence in Dover-Foxcroft. The JD Foundation educates and raises awareness about suicide prevention and provides support to suicide survivors. Pine Tree Hospice was glad to support another local non-profit organization which also works with the community regarding matters of life and death.

Thank you to *all* the PTH staff, volunteers, family, and friends who supported the JD Foundation by running, walking, raising funds, and/or sponsoring. Together we raised \$755.00!

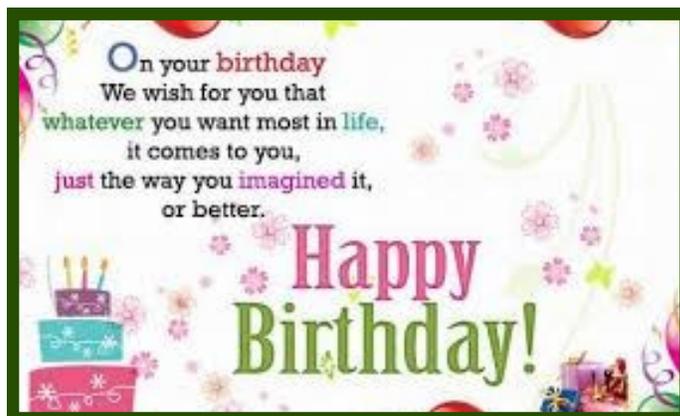


Left to right: Ardis Hacker, Donna Hathaway, David Hacker, Lisa White, Sandy Engstrom, David Demore, Adrienne Clarke



### BIRTHDAY WISHES to our June Volunteers!!

Dona Macomber  
Stephen Perkins  
Sue McNulty  
Barbara Brown  
Pam Goulette  
Deb Drew  
Scott Ludwig  
Doug Hewes



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## Educational Opportunities

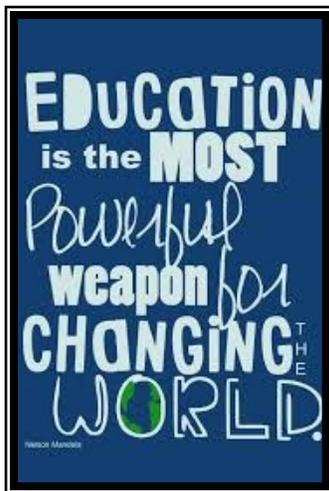
### **Bereavement Training.**

Get connected with other volunteers, give insight to new trainees, and earn your educational credits by attending one or more sessions of the upcoming bereavement training!

Training dates are June 1,3,8, and 10. You do NOT need to attend the entire training! Pick any session that is of interest to you and register by contacting the office.

Topics include: Grief & Mourning; Family Panel; Veterans' Grief; Suicide; Complicated Grief; Children's Grief; and more. You may find the complete schedule on the PTH website.

Space is very limited, so please contact the PTH office soon to register for any session.



### **PTH Book Club.**

Join the Book Club discussion any month you wish and earn up to 3 hours of continuing education! Book Club meets on the 4<sup>th</sup> Tuesday of each month at 3 P.M. at the PTH office. The featured book for **June 27** is **“Her: A Memoir”** by Christa Parravani .  
 Summary: *Christa and her identical twin, Cara, were linked by a bond that went beyond siblinghood. Haunted by damaging life experiences, Cara’s path led to depression, drugs and early death. Christa later read that when an identical twin dies 50 percent of the time the surviving twin dies within two years. “Flip a coin,” she thought, “those were my chances of survival.” First, Christa fought to stop her sister’s downward spiral; suddenly, she was struggling to keep herself alive.*

## Find Us On Face Book

Help us spread the word about Pine Tree Hospice and Evergreen. Visit both of our Face Book pages and “like” them. Invite your friends to like us as well.

We encourage folks to react, comment, and share posts to reach more and more people through this venue.

Do you know of interesting posts from other pages that might be good for PTH to share? Send us the information so we can

check it out. By working together like this, we will not only spread the news about PTH and all the events we put on but also share beneficial information on issues related to end of life care and bereavement.

[www.facebook.com/PineTreeHospice](http://www.facebook.com/PineTreeHospice)

[www.facebook.com/EvergreenPTH](http://www.facebook.com/EvergreenPTH)

Let’s see how many new Likes we get over the next month!



## This & That

### **Direct Care Team Meeting.**

Our next Team Meeting is scheduled for **WEDNESDAY, June 21, at 8:30 a.m. at the PTH office.**

If you are a direct care volunteer, you are encouraged to attend whether or not you are currently providing direct care to a client. Team meetings are a great way to get updated direct care education, share information, and provide support to one another.

### **Timesheets.**

Timesheets are due in the office on or before **June 7th**. You may submit either the paper form or the online version via the PTH website.

Direct Care: IF you are providing direct care to a client on medical hospice, *please* try to get your paperwork to me by Tuesday morning (June 6th ) so I can do proper updates for the IDT meetings.



Hope you are enjoying our lovely spring!