

Pine Tree Hospice Volunteer Bulletin

June 2021

Coordinator Message

Great News! As summer begins **32 clients** and families are being served by 17 Pine Tree Hospice Direct Care Volunteers. Of the 21 qualified Direct Care Volunteers, 3 are awaiting assignments within their chosen towns and PTH's Spiritual Advisor continues to serve families and volunteers. It has been my goal since accepting this job to bring the average from 20-25 clients served to 30-35. Thanks to newly trained, reactivated, and long-term regular volunteers we are reaching this goal in the following towns: Atkinson, Dover-Foxcroft, Greenville, Ripley, Beaver Cove, Sangerville, Parkman, Dexter, Cambridge, and Guilford. This is fabulous considering the challenges of the past year. Thank you all for your labors of kindness, your monthly reports, and continued willingness to share the mission of Pine Tree Hospice.

Patience team! Community requirements are adjusting according to the CDC. *For now*, please continue to follow the Pine Tree Hospice protocols until we can make thoughtful adjustments. If you have questions, please contact me.

UPCOMING EVENTS

The 14th Annual Golf Open is August 21st

Co-hosted by
Puritan Medical Products
Pine Tree Hospice's 14th
Annual Golf Open is on
August 21st. We will need
volunteers to help (and play)!
We're looking forward to a
fun day on a beautiful course
with fantastic prizes, great
food, and wonderful friends.



With COVID safety protocols
in place we can all have a
fantastic time.

Do you want to be a
sponsor? Let us know and
we will get your name on a
sign and on our advertising,
too.

Dexter's Tea Talks are back!
The next Tea Talks will be held
at 10:00 am on Thursday, June
10 at Wayside Park in Dexter.
Tea Talks activities focus on
improving access, safety,
learning, social interaction and
fun for the aged and aging
residents of Dexter and
surrounding towns. Programs
featured over the past year
have been speakers from Pine
Tree Hospice, the Harold J
Crosby Band, Dexter Public
Health and EDGE assistance
program as well as trivia
contests. These free events
bring people together for
stimulating conversations,
enjoyable entertainment, and
complimentary refreshments.



**June is Alzheimer's and Brain
Awareness Month.**

To learn more, go to this link
at the Alzheimer's Association

[https://www.alz.org/abam/
overview.asp](https://www.alz.org/abam/overview.asp)

You can also learn more here:

[https://www.fcneurology.net/
june-is-alzheimers-and-brain-
awareness-month/](https://www.fcneurology.net/june-is-alzheimers-and-brain-awareness-month/)

And here:

[https://states.aarp.org/
colorado/june-is-alzheimers-
brain-awareness-month-learn-
10-ways-to-love-your-brain](https://states.aarp.org/colorado/june-is-alzheimers-brain-awareness-month-learn-10-ways-to-love-your-brain)

**It's not too late to protect your
brain!**

Notes and Reminders:
If you have chosen to
receive the covid
vaccination, please send
copy of your covid
vaccine card
to the office.

Team Meetings

9-9:30 *Direct Care Volunteers*
9:30-10:30 *ALL Volunteers*

June 16 9-10:30
Speaker from the Division of
Blind and Hearing Impaired
**Stay tuned for possible time
and place for outdoor June
meeting.

July 21 *No Team Meeting*
Will be a phone call or email
from the coordinator for status
of your clients.

August 18 9-10:30
Safety Hints when
Transporting Clients

Celebrating Volunteer Anniversaries

*Sherry Corbin
Trisha Draper
Esther Ireland*

*Thank you for the years
and support you give!*



Committee Meetings

Bereavement
June 1 4:15pm

Fund Development
June 7 4:30pm

Board of Directors Meeting
June 8 6:00pm

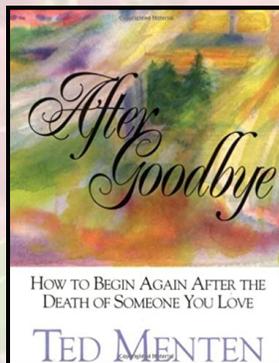
Executive
June 28 4:00pm

Board Development
TBD

Education *work in subcommittee
See you all again in August!

Hospice
NO JUNE MEETING

Continuing Education



From our library:

Ted Menten's small book is a heartfelt read and takes into account the most common elements of the grieving process. This sensitive guide helps to teach the bereaved how to work their way through the pain and back to life.

Summer is a great time to read, and you may find that you can unexpectedly help someone with your new knowledge.

We have a great collection of books and CDs. Stop by and take some!

Book Club Notes

Pine Tree Hospice's Book Club will resume in September, and we expect to be in person at Thompson Free Library. People who are from farther away are welcome, too, as well as those who may not be able to leave their homes. We can always reach people via ZOOM.



The book club is open to anyone in the community; people do not have to be affiliated with PTH in any way.

Our past list of readings is available in the office in case you or someone you know would like to read from it. Just ask and we'll send it to you!

June is Alzheimer's and Brain Awareness Month

The Alzheimer's Association has links to classes that are educational and interesting. Here is a link to their page for virtual classes.

https://www.alz.org/manh/helping_you/community_family_education

Learning on line is easy and is something you can do nearly anywhere. Remember to log your continuing education so that you get full credit for it, and share your new knowledge with everyone you know.

I am always ready to learn, although I do not always like being taught.

Winston Churchill