INSIDE THIS ISSUE
Building Capacity ..............2
Meet the Staff .....................3
Why We Do It ......................3
What We Do ........................4
Our Mission, in Graphics ....4
Volunteers ..........................5
Volunteer Statistics ............6
Events.................................7

SPECIAL POINTS OF INTEREST
• Volunteers, Direct and Indirect, are the Heart of Pine Tree Hospice. Learn more on pages 5 & 6.
Happy Spring!

We have put together this newsletter to provide information, showcase some of our recent work, and let you know of upcoming events. We are so happy to share with you since none of it could be done without you!

Thank you to all of our grantors, business sponsors and individuals who have donated to our mission! We are proud of our unique distinction as a non-medical entity, as it allows us to provide barrier-free services. It does, however, mean that we cannot rely on state, federal or insurance reimbursements for funding.

100% of our income comes from grants, sponsorships, and donations.

BUILDING CAPACITY: Part of Our 2022-2025 Strategic Plan

When we sat down to develop our strategic plan, a clear need was to build capacity. Most of the goals we had led back to questions about how we would reach them. For a small non-profit like ours it comes down to the people; staff and volunteers are critical in driving the work to meet the mission.

One of the strategies for increasing capacity was to hire a Volunteer Coordinator. Laurie Muzzy joined our team this February. Her role is to coordinate the recruitment, retention, and records of our volunteers. This position allows for increased staff efficiency, community outreach, volunteer management and coaching, and expanded volunteer education opportunities.

We are moving into a new chapter. One that we wrote the framework for. One that will allow us to have even more positive impact on those we serve and the greater community.
Kristen Wortman
Executive Director
“The title of Executive Director is truly just an umbrella term. From program development, being a champion for Pine Tree Hospice in the community, supervising the amazing staff team and working alongside our committed volunteers, to fiscal responsibilities, I get to do it all. The position should have been advertised as ‘best job on the planet!’
“I have a lifelong appreciation for the populations we serve and the best part of the job is knowing we are making a difference. What drives me is knowing there are so many more people to help.”

Cheryl Crabtree
Client and Family Services Coordinator
“I am privileged to be part of an organization that is made up of wonderful people. My job is meeting clients and families in their homes, identifying needs, offering resources, and finding ways a direct care volunteer could make a difference.
Matching the right volunteer is rewarding. Direct care volunteers are generous, caring, and quietly go about doing good across the Pine Tree Hospice region.”

Laurie Muzzy
Volunteer Coordinator
“I came to Pine Tree Hospice as a volunteer in 2021. I grew up in Dover-Foxcroft, and am a Foxcroft Academy graduate but have been a long-time resident of Greenville. I have worked as a teacher, business owner and currently I manage volunteers at the Greenville Thrift Shop. I hope to combine my knowledge of Pine Tree Hospice, passion in our mission, and experience in coordinating volunteers to my new and exciting role. I am so excited to be part of this team!”

Pamela Pultz
Marketing Coordinator
“I came to Pine Tree Hospice to assist with planning events, writing letters to funders and donors, and assisting a demographic I wasn’t familiar with; it was engaging and humbling. Today, I assist our Executive Director with the design and content of marketing, letters, and other written material, as well as planning events.
What drives me is knowing that daily I can help one more person in my community through this amazing organization.”

Sherri Jackins
Office Coordinator
“Seventeen years ago, I came to Pine Tree Hospice to input data into a new system. Soon after, I was offered the Administrative Assistant position. I could see the huge need in our communities for this organization.
I feel privileged to work with an incredible staff and group of volunteers, and if I can help even one person each day, I feel that I am in some way contributing to making a difference in someone’s life.”
Pine Tree Hospice provides **free non-medical support, education, and resources** to those with **life-limiting conditions**, **caregivers**, and **grieving individuals** through a **trained volunteer network**.

**LIFE-LIMITING CONDITIONS** include:
- Diabetes
- COPD
- Cancers
- Heart Failure
- Dementias
- Falls & Bone Fractures
- Parkinson’s
- Isolation
- Frailty

**SUPPORT EDUCATION RESOURCES** provided by staff and volunteers through 1:1, classes, and community events.

**NON-MEDICAL services including:**
- Companionship
- Transportation
- Grocery Shopping
- Respite
- Life Review

**CAREGIVERS** are offered services including respite, 1:1 support, peer support groups, educational classes, and assistance navigating other resources.

**TRAINED VOLUNTEER NETWORK**
All volunteers complete a state mandated 22 hour training course, pass a background check, log an additional 8 hours per year of continuing education and attend monthly group and individual check-ins with the Client & Family Services Coordinator.

**All services are FREE**
Barrier **FREE** entry to services. No lengthy confusing applications. No income thresholds.

Services for **GRIEVING INDIVIDUALS** includes 1:1 support from trained volunteers or staff, peer support groups, community education, and referrals to other resources.
Volunteers are the heart of Pine Tree Hospice.

**Indirect Volunteers** share their time, talent, and skills in various ways.

Directors on the Board provide leadership and oversight. Committees, run by volunteers, support program development and evaluation, fundraising, governance, and marketing. Volunteers logged over 375 hours of support last year!

Individual volunteers provide support in the office with data entry, filing, special projects. Volunteers spent 85.5 hours in the office last year.

Outreach is critical in informing the community about our mission. Volunteers are our best ambassadors! Volunteers devoted 43.5 hours last year speaking at various meetings and gatherings, posting marketing materials, and sharing information on social media.

**Direct Care Volunteers** work directly with families and clients, help with grocery shopping and other tasks, and provide suggestions to other resources and education.

**Since 2021, we have added 22 new volunteers!**

Instead of shutting down during the COVID-19 pandemic, Pine Tree Hospice continued serving, with safety protocols for both volunteers and clients. We also began to see an uptick in calls for services. Clients were more isolated with less support and options. The number of calls has remained high, so that by the early spring of 2023, the client census was the highest it has been since we opened in 1985. To grow with the need, Pine Tree Hospice built capacity—looking at ways to be more efficient internally and recruiting new volunteers from across our service area.

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**How We Meet Our Mission — Our Volunteers**

**Volunteers’ Length of time with Pine Tree Hospice in years:**

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<thead>
<tr>
<th>Name</th>
<th>Length</th>
<th>Location</th>
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<tr>
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Stop in and visit us at **883 West Main Street, Dover-Foxcroft**

Call us at 207.802.8078 or Email Laurie, our Volunteer Coordinator at volunteer@pinetreehospice.org

Interested in learning more about ways you could lend your time or talent?
The greatest need is met by our Direct Care volunteers.

Clients are visited in their homes, in the homes of their caregivers, or in facilities. These volunteers serve both clients and families.

Direct Care volunteers are able to assist in non-medical ways; clients ask to go for rides, for transportation to appointments, to be read to, for general companionship, and more.

Family members thank volunteers for providing respite so that a family member can go shopping, take a nap, visit with friends, or go to their own appointments.

Direct Care Volunteers choose:
- day of the week or month they want to volunteer
- their hours
- which towns they will visit
- education topics they want to learn about

We support our volunteers’ decisions and know that volunteering is not just about the client, but about the volunteer, too!
The 27th Annual Variety Show, on April 22, at Center Theatre in Dover-Foxcroft, was another fun, entertaining, and successful show!

Community members, families of the performers, and volunteers turned out to fill the theatre. This year we had the Q-Tips on video, Susan Ramsey—The Fiddlin’ Woodsprite, Some Reel People, Sihtric the Dancing Dog, and more. Everyone loved the tap dancing troupe, Somebody and Me (pictured).

While the Variety Show is a fundraiser, it truly serves as outreach. While waiting for the show to begin a video highlighting our mission, programs, and accomplishments played. This year we interviewed volunteers and clients and we can’t thank them enough for speaking about what Pine Tree Hospice does for our communities, and for the families that rely on our services.

Hope to see you next April for the 28th Annual Variety Show!

Pine Tree Hospice’s 16th Annual Golf Open

2023 Charity Golf Tournament Co-hosted by:

Maine Highlands
FEDERAL CREDIT UNION
Personal Service. Shared Value.

Saturday, August 19th
8:00am and 1:30pm Flights
Foxcroft Golf Club
Teams of 4, $50 per player
Includes Swag Bag & Lunch

Prizes and Auction Items from:
Webhannet Golf Club
Sugarloaf Golf Club
Lakewood Golf Course
Jato Highlands Golf Course
JW Parks Golf Course
Dexter Municipal Golf Course
AND MORE!!!
Thank you to everyone who supports Pine Tree Hospice!

**Business and Community Sponsors**

Bear’s Den Motel  
Mallett Real Estate  
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Lary Funeral Home, Inc.  
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Dover-Foxcroft Congregational Church  
Guilford Methodist Church  
Ware Butler  
Park Street United Methodist  
Laura T. Davison Missionary Society  
Thrift Shop  
Towns in Our Service Area  
Jeanene LaCasce

**Grantors**

Maine Hospice Council  
Red Empress Foundation  
Maine Cancer Foundation  
Plummer Memorial Foundation  
E. Rhodes & Leona Carpenter Foundation

**And Thank You to the Hundreds of Individual Donors Who Support Us!**